



Year 6 Writing Sample

Topic: Books are better than TV

Did you know that 92% of kids aged 12–17 watch TV or use the internet for more than two hours every day? This can lead to serious things such as bad posture, problems with sleep, and social skills suffering. But what if we switched off the screens and started reading books more?

Kids these days are becoming more stressed with things such as homework, tests, sports, school projects and much more. But watching TV the amount people do, increases stress. Studies show that reading a book for just six minutes every day can reduce stress by as much as 68%. Who doesn't love curling up in bed at night by yourself and reading a book that you love before falling asleep?

Another thing that I love about books is in one book, you can be fighting dinosaurs 26 million years ago, and in another, you could be ruling the world in 2200! But because they can be so different from each other, you really have to use your imagination. If you are watching a film it's all just presented to you, while reading a book inspires you to use your imagination and you get to choose what the characters look and sound like. I love making a normal voice, into the poshest voice imaginable.

Most importantly, reading books can actually improve your spelling and writing, so it is a very fun way of getting knowledge or becoming smarter. There's even proof. Studies show that if you own 20 or more books at home, you get three more years of education than someone who doesn't have any! I think this fact really shows how much reading books does for us.

So, tonight instead of picking up the remote and becoming one of the 92% of kids who are glued to the screen. Why not pick up a book instead? You might find that you get pulled into the best story ever and before you know it a whole hour has passed. Unlike TV, it's fine to read for as long as you like. I guarantee you won't want to stop!

(Thomas, Year 6, Sandringham Primary School)